

5 CHOICES FOR MANAGING HYPERGRANULATION

Hypergranulation is the accumulation of granulation tissue that extends beyond the wound surface. Nurses may also be familiar with the term 'proud flesh'.

Hypergranulation tissue needs to be removed only if healing is going to be impeded.

1 Hypertonic saline impregnated dressings – control oedema and bacterial balance

2 Local pressure using a foam dressing & fixation tape or bandage

3 Topical Corticosteroids

4 Silver nitrate and copper sulphate (chemical debridement) Remember it can cause pain & necrosis if not used correctly

5 Sharp wound debridement

